

RIVERS HEALTH WELLNESS CENTER

OPEN HOUSE

Saturday, May 18 • 8 a.m. –1 p.m.
2520 Valley Drive, Point Pleasant

Join us and participate in the following:

- \$10 sports physicals
- Free screening EKGs for student athletes (by appointment)
- High Intensity Interval Training demonstration
- Yoga practice demonstrations
- Local food trucks
- Announcing winners of the Weight Loss Challenge!

**Appointments for the screening EKGs
can be made by calling 304.675.7222**

Screening EKGs limited to 100. Additional dates for screening EKGs coming soon.

304.675.4340 • rivershealth.org/services/wellness-center/

